

# NARRATIVE THERAPY Workshops at Dulwich Centre

With members of the Dulwich Centre Faculty:

Carolyn Markey, Sekneh Beckett, David Newman, Lisa Johnson and Chris Dolman

## CREATIVE NARRATIVE PRACTICE WITH CHILDREN, YOUNG PEOPLE AND THEIR FAMILIES: A two day workshop 28th-29th January 2010 with Sekneh Beckett and Lisa Johnson

This two-day workshop aims to introduce practical and creative ways of working with children and young people from a narrative perspective. The two days will provide a foundation for those new to narrative practice as well as opportunities for people with previous knowledge to build on skills and understandings. The workshop will include explorations of:

- Key ideas of narrative therapy, including a review of some micro maps of narrative therapy
- Ways to facilitate engagement, and honour resistance with children and young people
- Externalising practices as a gateway to imaginative and creative responses to problems
- Ways of inviting audiences to support alternative stories for children and young people

Teaching will include structured exercises and discussion, and examples and transcripts from Sekneh and Lisa's current work. To support skills development, participants will be offered many opportunities for structured and supported practice.

## LEVEL ONE: 5 DAY NARRATIVE THERAPY INTENSIVE

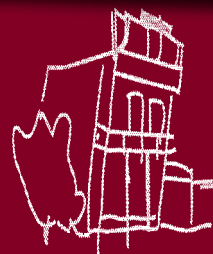
Dates: 8th-12th February 2010,  
26th-30th April 2010 & 7th-11th June 2010

These one week workshops have been specifically designed for those who are relatively new to narrative ways of working or those who have had some exposure to the ideas and would now like the opportunity to more rigorously engage with narrative practices. This course will feature a review of key narrative ideas and practices, including recent developments, including: externalising conversations: the person is not the problem, the problem is the problem; re-authoring conversations: telling our stories in ways that make us stronger; outsider-witness practices: linking lives and the use of audiences; re-membering conversations: considering the memberships of our lives; listening for alternative storylines; and documenting change: the use of letters and certificates. Stories of therapeutic conversations, videotapes, transcripts and therapeutic letters will be shared that relate to work with adults, children and families. Detailed descriptions and illustrations of maps for therapy will be given. What is more, during the week, many opportunities will be provided for participants to develop their own skills in narrative questioning through training exercises. We have found this to be particularly helpful in order for participants to then be able to use narrative practices in their own work context. This intensive workshop will be relevant to counsellors, therapists, psychologists, social workers, welfare workers... indeed anyone who is working with the stories of people's lives.

## LEVEL TWO: 5 DAY EXTENDING NARRATIVE THERAPY INTENSIVE

Dates: 22nd-26th February 2010 &  
14th-18th June 2010

This one week training program is designed for those practitioners who have already attended a Level One intensive or its equivalent and would like to extend their knowledge and skills of narrative therapy. Within this week, participants will have a chance to thoroughly explore ways of weaving and moving between the different maps of narrative practice: externalising conversations, re-authoring conversations, the absent but implicit, re-membering conversations, and so on. Opportunities to share creative ways in which people can provide an audience to preferred stories will also be included. A range of different teaching approaches will be used throughout the week including: the sharing of ideas and stories; demonstrations of practice via video-tapes, transcripts and digital stories; collaborative stop-start interviews to illustrate and extend practice skills; and specifically developed practice-based exercises. This week will be focused on skills development. Opportunities will also be provided for engaging with the dilemmas and complexities of narrative therapeutic practice.



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**REGISTRATION FORM**  
***Narrative Therapy Trainings at Dulwich Centre***  
***with members of the Dulwich Centre Faculty***  
***Full payment must accompany registration***  
(all prices include GST)

- |  |          |
|--|----------|
| <input type="checkbox"/> Creative narrative practice with children and young people (2 days) | AUD\$250 |
| <input type="checkbox"/> Level One 8th - 12th February                                       | AUD\$660 |
| <input type="checkbox"/> Level One 26th - 30th April   | AUD\$660 |
| <input type="checkbox"/> Level One 7th - 11th June   | AUD\$660 |
| <input type="checkbox"/> Level Two 22nd - 26th February                                      | AUD\$770 |
| <input type="checkbox"/> Level Two 14th - 18th June  | AUD\$770 |

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Cancellation policy: Please note, in the event of a participant needing to cancel their registration, it is possible to exchange your place with another person, or to transfer your place to a future training event at no cost. If you need to cancel your place (and cannot exchange or transfer it) then up to one month prior to the course there will be an administrative fee of \$55. If you cancel your place less than one month prior to the training there will be an administrative fee of \$110. If you cancel with less than one week's notice we will not be able to offer any refund.

For information about accommodation possibilities nearby to Dulwich Centre,  
please see our website: [www.dulwichcentre.com.au/accommodation.htm](http://www.dulwichcentre.com.au/accommodation.htm)